# Panama

**POST-CRUISE VACATION STRETCHER** JANUARY 2023





#### Welcome to Panama!

Located on the Pacific side of the American continent, Panama City-the capital of the Republic of Panama-is a beautiful, vibrant, cosmopolitan city. Considered one of the most important cities of the Americas, it is a thriving center for international banking and trade and sports a skyline of shimmering glass and steel towers that is in sharp contrast to its Old Town (Casco Viejo). The Casco Viejo historic center, named a UNESCO World Heritage site, charms visitors with its colonial architecture and rich cultural history.

With so much to see, experience, and discover in one place, Panama City is a culturally rich city that should be given due time to explore and visit.

## 1-NIGHT PANAMA (JANUARY 21-22, 2023)

\$399 PP DOUBLE OCCUPANCY – STANDARD ROOM
\$469 PP SINGLE OCCUPANCY – STANDARD ROOM
\$429 PP DOUBLE OCCUPANCY – EXECUTIVE CLUB ROOM
\$519 PP SINGLE OCCUPANCY – EXECUTIVE CLUB ROOM

#### INCLUDED

- 1-night stay at InterContinental Miramar Hotel (January 21)
- Hotel checkin is at 3 pm on January 21; checkout is at 12 pm on January 22
- Full breakfast daily (January 22) and meals indicated in the itinerary
- Panama Canal Locks and Gamboa Rainforest Experience Tour with lunch and transfer to hotel (January 22)
- Hotel luggage porterage
- Taxes and housekeeping gratuities
- Olivia staff assistance throughout

#### **NOT INCLUDED**

International air, transfer from hotel to Panama City International Airport (PTY), meals not listed.

#### **ACTIVITY LEVEL REQUIREMENTS-IMPORTANT**

This post-cruise Vacation Stretcher requires a **MEDIUM** level of mobility without the use of a wheelchair or scooter and is not recommended for guests with limited mobility. The Gamboa Rainforest Experience Tour involves extensive walking on uneven ground and standing for long periods of time. If you have slightly limited mobility and feel that you are still able to meet the activity level requirements, you are required to travel with someone who can assist you.

# 2-NIGHT PANAMA (JANUARY 21-23, 2023

### \$649 PP DOUBLE OCCUPANCY – STANDARD ROOM \$789 PP SINGLE OCCUPANCY – STANDARD ROOM \$729 PP DOUBLE OCCUPANCY – EXECUTIVE CLUB ROOM \$899 PP SINGLE OCCUPANCY – EXECUTIVE CLUB ROOM

#### INCLUDED

- 2-night stay at InterContinental Miramar Hotel (January 21 and 22)
- Hotel checkin is at 3 pm on January 21; checkout is at 12 pm on January 23
- Full breakfast daily (January 22 and 23) and meals indicated in the itinerary
- Panama Canal Locks and Gamboa Rainforest Experience Tour with lunch and transfer to hotel (January 22)
- Miraflores Locks and Panama City Old Town Tour (January 23)
- Hotel luggage porterage
- Taxes and housekeeping gratuities
- Olivia staff assistance throughout

#### NOT INCLUDED

International air, transfer from hotel to Panama City International Airport (PTY), meals not listed

#### **ACTIVITY LEVEL REQUIREMENTS – IMPORTANT**

This post-cruise Vacation Stretcher requires a **MEDIUM** level of mobility without the use of a wheelchair or scooter and is not recommended for guests with limited mobility. The Gamboa Rainforest Experience Tour involves extensive walking on uneven ground and standing for long periods of time. If you have slightly limited mobility and feel that you are still able to meet the activity level requirements, you are required to travel with someone who can assist you.

## **ABOUT YOUR TOURS**



## $\label{eq:panama} \textbf{PANAMA CANAL LOCKS AND GAMBOA RAINFOREST EXPERIENCE WITH LUNCH} \ (1- \ \text{and} \ 2- \ \text{night packages})$

After having breakfast on the ship, you will disembark in Colón to start your adventure in Panama! Our first stop will be a visit to the new locks of the Panama Canal, called "Agua Clara," inaugurated in 2016. These locks receive the big vessels called Neo Panamax-vessels that are the biggest in the world and can carry 15,000 containers-and you'll be able to watch them as they move through the canal.

Next we'll take a ride along waterways and through the rainforest on our way to the gorgeous Gamboa Rainforest, located in the Soberanía National Park, known for its excellent bird-watching and wildlife viewing. Here we'll explore the many treasures of the Panamanian rainforest and experience nature in a whole different way.

We'll board a small boat to take us through the Panama Canal into secret waterways. Keep an eye out for white-faced Capuchin and Howler monkeys, which often can be seen leaping and swinging in the trees above. If you consider yourself an adventurer looking for a wonderful memory, this boat journey into the heart of Lake Gatun, the world's second largest artificial lake, will be one of your favorites. In this tour that combines history and ecology, our boat will pass through the Gatun Lake of the Panama Canal, giving you the chance to see the different vessels during their transits through the Canal.

Before departing Gamboa Rainforest we'll enjoy a buffet lunch with a beer or soda.

After lunch we'll continue on our way with a visit to the Sloth Sanctuary, located in a sprawling botanical garden that includes a butterfly farm, frog garden, and orchid nursery. Here you'll have the chance to see the sloths up close and learn about this charming, furry animal that is the symbol of Panamanian rainforest.

After taking in all that this beautiful area has to offer, you will board your coach for the ride to your hotel, where you will have the evening free to explore or relax.



#### MIRAFLORES LOCKS AND PANAMA CITY OLD TOWN TOUR (2-night package)

Our half-day tour begins with a visit to the Miraflores Locks. You will have just passed through these locks on our cruise, and this is a great opportunity to see the operation from the land. The Miraflores Locks Theater and Museum provides historical background and operational information that will help you better appreciate the scenes visible from our elevated viewing platform.

Our visit includes admission to the outside VIP viewing area, where you'll see the vessels very close up. You can also enjoy a 45-minute IMAX film about the past, present, and future of the Panama Canal, narrated by Morgan Freeman.

Next, we will visit Casco Viejo, the Old Quarter. Founded in 1673, it is one of the most beautiful Spanish colonial destinations in the Americas. A UNESCO world heritage site, this historical district remains intact, with a unique mix of colonial architecture and Caribbean style. Our guide will take us on a walking tour through the charming streets to visit some of the most important sites and learn about the unique culture and history of Panama. At the end of the tour, you may return to the hotel via coach for lunch or opt to stay in Casco Viejo to enjoy the many restaurants and shops before returning to the hotel at your leisure via taxi (on own).

# **ABOUT YOUR HOTEL**



#### THE INTERCONTINENTAL MIRAMAR HOTEL

The InterContinental Miramar Hotel is a luxurious, iconic hotel overlooking the Pacific Ocean and the bay of Panama. It is located within walking distance of Old Town (Casco Viejo), many museums, restaurants, and high-end shopping. Each of the elegantly appointed, spacious rooms have breathtaking ocean views, making it the perfect place to view vessels entering the world-famous Panama Canal. You can relax at the pool or restaurant or indulge in a spa treatment.

Hotel amenities includes a restaurant, bar and lounge, outdoor pool, outdoor tennis court, spa, business center, luggage storage, airport shuttle, coffee and tea in the common area, and free wifi in the lobby.

**STANDARD ROOMS** – In-room amenities include climate control (air-conditioning), minibar, coffee and tea maker, bathrobe and slippers, iron and ironing board, blackout drapes, turndown service, down comforter and Egyptian-cotton sheets, in-room safe, TV with premium cable channels, and complimentary wifi. In-room massage is available.

**EXECUTIVE CLUB ROOMS** – In addition to all of the amenities above, Executive Club rooms enjoy full access to the Club Lounge, where you can enjoy breakfast daily, light refreshments throughout the day and evening appetizers and drinks from 6 pm to 8 pm.

## **NEED MORE INFO? READY TO BOOK?**

## Our Travel Consultants can be reached : reservations@happygaytravel.com. Due to high demand, our Vacation Stretchers sell out very quickly! DEADLINE TO BOOK IS AUGUST 12, 2022 OR UNTIL SOLD OUT.

Cancellation Policy: Olivia Companies, LLC is required to honor their contractual agreements with hotels, ground operators, and other outside vendors; therefore, the following cancellation fees apply: All Vacation Stretcher packages are nonrefundable. A handling fee of \$75 will be charged for any name changes to hotel and tour packages. Your booking/payment for Vacation Stretchers with Olivia Companies, LLC indicates your compliance with the above policies.

While we do our best to confirm hotels and itineraries in advance, they are always subject to change.